



**\$100/2 WK SESSION**

**DATE:**  
**TOTAL:**



## GROUP SWIM LESSONS REGISTRATION

NAME:

AGE:

ADDRESS:

EMAIL:

PH:

**GROUP LESSONS RUN FOR A TWO-WEEK SESSION TIMEFRAME – MONDAY THROUGH FRIDAY**

**\*NO REFUNDS WILL BE GIVEN FOR GROUP LESSONS**

**SESSION TIME PREFERRED?** ☐ **10:30 AM** ☐ **11:00 AM** ☐ **11:30 AM**  
☐ **4:00 PM** ☐ **4:30 PM** ☐ **5:00 PM**

**WHAT IS YOUR CHILD'S CURRENT SWIM LEVEL?**

☐ **BABY & ME** - Baby and me swim classes are a chance for parents and babies to bond, play, and learn positive associations with water. These classes are also known as Mommy and Me or Daddy and Me lessons. They typically focus on parent-child bonding and establishing comfort in the water. Instructors use songs and other activities to create an interactive learning environment. Babies may learn to associate swimming with positive events, making them more willing to try new things and retain their skills.

☐ **PIKE** - Pike helps children adjust to the water and develop independent movement. It teaches basic front crawl, back crawl and kicking skills, floating and pool safety. The class is intended for children with little to no water experience.

☐ **EEL** - For children who are comfortable in the water and swim with a floatation device in horizontal position but cannot yet swim the length of the pool. Children must be able to put their face in. Children are taught to float, kick, and perform progressive arm movements across the pool.

☐ **STARFISH** - For children who can swim 15 feet with face in the water and no floatation device. It reviews and improves stroke skills on front, back and side, builds endurance and teaches treading water and rotary breathing.

☐ **GUPPY** - For children who are comfortable with their face in water and can swim 15-20 feet without a floatation device. It teaches stroke skills on front, back and side as well as rotary breathing and beginner's breaststroke.

☐ **MINNOW** - For children able to swim 25 yards on front and back without a floatation device. It teaches stroke skills on front back and side, and rotary breathing. Children will be introduced to other components of swimming and butterfly kick.

**COMPLETE WAIVER AND RELEASE OF LIABILITY REQUIRED TO REGISTER**

**SIGNATURE:**

**DATE:**

*PARENT OR GUARDIAN IF UNDER AGE 18*